

Percussion

Technique

- Tips of the mallets/sticks contact the bar/head in a place that maximizes the tone of the instrument.
- Arms and wrists move more freely and evenly.
- Rolls are open and use a double bounce when appropriate.
- Instrument is struck in a manner that draws the tone out. Proper sticking patterns are utilized.

Grip

- Thumbs and index fingers grip the mallets/sticks approximately $\frac{1}{3}$ from the end.
- Thumb rests flat along the shaft of stick/mallet; Index finger wraps under the stick/mallet.
- Control fingers - middle finger wraps under and stays on the mallet/stick; others (ring and pinky) rest lightly on the back $\frac{1}{3}$ of the shaft.
- Mallet/Sticks are held loosely in a matched grip.
- Wrists are flexible and held in front of the body.